



UFO HUB

1
00:00:21,640 --> 00:00:18,520
well my name is shaumyan redwood and I'm

2
00:00:25,570 --> 00:00:21,650
a healer I'm a teacher I'm a psychic so

3
00:00:28,839 --> 00:00:25,580
I do a whole bunch of things and the way

4
00:00:31,620 --> 00:00:28,849
I started was quite dramatic it was very

5
00:00:36,300 --> 00:00:31,630
clear like this is the beginning

6
00:00:41,100 --> 00:00:36,310
thirty-five years ago when I was 29 I

7
00:00:43,810 --> 00:00:41,110
gave birth to twins and at the birth

8
00:00:46,299 --> 00:00:43,820
everything that could go wrong did go

9
00:00:49,090 --> 00:00:46,309
wrong the whole thing was just a

10
00:00:52,119 --> 00:00:49,100
nightmare from beginning to end every

11
00:00:54,910 --> 00:00:52,129
department screwed up basically so the

12
00:00:55,360 --> 00:00:54,920
outcome was that I died and went to

13
00:00:59,169 --> 00:00:55,370

heaven

14

00:01:02,979 --> 00:00:59,179

and I had this really clear experience

15

00:01:06,970 --> 00:01:02,989

of leaving my body was lying in the

16

00:01:11,580 --> 00:01:06,980

hospital bed I felt myself leave my body

17

00:01:14,920 --> 00:01:11,590

there was no fear there was no pain

18

00:01:17,830 --> 00:01:14,930

completely peaceful I didn't know where

19

00:01:20,290 --> 00:01:17,840

I was going but I knew it was in to

20

00:01:23,320 --> 00:01:20,300

peace and in to love and there were

21

00:01:23,860 --> 00:01:23,330

angels there so I floated up out of my

22

00:01:27,100 --> 00:01:23,870

body

23

00:01:32,710 --> 00:01:27,110

and it was a real surprise to me that

24

00:01:37,840 --> 00:01:32,720

all of my consciousness was in me not in

25

00:01:40,440 --> 00:01:37,850

that body so I absolutely knew the body

26

00:01:43,570 --> 00:01:40,450

is just the house that this

27

00:01:47,290 --> 00:01:43,580

consciousness is living in for this very

28

00:01:49,960 --> 00:01:47,300

short space of time so I drifted away it

29

00:01:53,830 --> 00:01:49,970

was very beautiful not at all scary and

30

00:01:56,350 --> 00:01:53,840

I I drifted into this golden light that

31

00:02:00,820 --> 00:01:56,360

was all around me as I was floating in

32

00:02:05,380 --> 00:02:00,830

this ocean of golden light and when I

33

00:02:09,699 --> 00:02:05,390

got there I knew this is home this is

34

00:02:12,640 --> 00:02:09,709

who I am this is real and this is where

35

00:02:16,660 --> 00:02:12,650

I want to be and everything down there

36

00:02:19,650 --> 00:02:16,670

that that body is doing is just a story

37

00:02:22,770 --> 00:02:19,660

that I'm acting out for this very little

38

00:02:25,390 --> 00:02:22,780

lifetime so I was very happy very

39

00:02:28,119 --> 00:02:25,400

peaceful in this golden light

40

00:02:31,390 --> 00:02:28,129

one was hard to describe because it's

41

00:02:34,539 --> 00:02:31,400

everything you could ever want was right

42

00:02:38,490 --> 00:02:34,549

there so I was floating about in this

43

00:02:42,850 --> 00:02:38,500

wonderful golden light completely

44

00:02:45,940 --> 00:02:42,860

blissful and then Jesus appeared in

45

00:02:49,809 --> 00:02:45,950

front of me and and I just knew it was

46

00:02:52,000 --> 00:02:49,819

him he didn't look like that the man he

47

00:02:55,990 --> 00:02:52,010

was in a body of white light

48

00:02:59,680 --> 00:02:56,000

his heart was this blue star and I just

49

00:03:02,530 --> 00:02:59,690

knew that was that's how it was so I'm

50

00:03:06,819 --> 00:03:02,540

kind of oh I'm not a Christian I'm not

51
00:03:09,240 --> 00:03:06,829
one of yours you've got the wrong person

52
00:03:13,420 --> 00:03:09,250
and he just looked at me with

53
00:03:16,720 --> 00:03:13,430
unconditional love and acceptance no

54
00:03:19,630 --> 00:03:16,730
judgment I was the one that was thinking

55
00:03:19,899 --> 00:03:19,640
over my life and I shouldn't have done

56
00:03:26,140 --> 00:03:19,909
that

57
00:03:29,379 --> 00:03:26,150
and he was just like it's all forgiven

58
00:03:32,140 --> 00:03:29,389
it's all forgiven so we had this

59
00:03:35,979 --> 00:03:32,150
conversation in my head telepathically

60
00:03:39,789 --> 00:03:35,989
and he said because your heart is pure

61
00:03:42,909 --> 00:03:39,799
if you want to you can stay with us here

62
00:03:45,819 --> 00:03:42,919
in the golden light but we are asking

63
00:03:48,430 --> 00:03:45,829

you to go back because the world needs

64

00:03:51,789 --> 00:03:48,440

your love your wisdom and your healing

65

00:03:54,909 --> 00:03:51,799

well at the time I didn't really have

66

00:03:58,150 --> 00:03:54,919

any just a really normal person a

67

00:04:01,449 --> 00:03:58,160

schoolteacher having my career buying a

68

00:04:05,099 --> 00:04:01,459

house having nice holidays anyway I said

69

00:04:08,110 --> 00:04:05,109

to him how can I go back down there

70

00:04:11,860 --> 00:04:08,120

knowing that this is where I belong with

71

00:04:16,750 --> 00:04:11,870

you so he he reached into his heart and

72

00:04:20,770 --> 00:04:16,760

he took a piece of his doll it makes me

73

00:04:24,279 --> 00:04:20,780

cry even now 35 years later and he put

74

00:04:28,089 --> 00:04:24,289

it into my heart and he said now you

75

00:04:30,879 --> 00:04:28,099

will know that I am always with you so

76

00:04:35,140 --> 00:04:30,889

the next minute I'm floating over that

77

00:04:38,629 --> 00:04:35,150

body in that hospital bed knowing that's

78

00:04:41,779 --> 00:04:38,639

not me if I get into that

79

00:04:44,659 --> 00:04:41,789

I will take on suffering and pain if I

80

00:04:48,050 --> 00:04:44,669

stay out in the light

81

00:04:51,409 --> 00:04:48,060

I will never suffer again but I think

82

00:04:55,010 --> 00:04:51,419

IRAs setup really because my twins I

83

00:04:57,769 --> 00:04:55,020

just had twins they were 10 days old I

84

00:05:00,830 --> 00:04:57,779

was the one that invited them because I

85

00:05:04,279 --> 00:05:00,840

always wanted children and the thought

86

00:05:07,700 --> 00:05:04,289

of leaving them without a mother was

87

00:05:12,830 --> 00:05:07,710

more than I could do so I got back into

88

00:05:16,369 --> 00:05:12,840

that body and then everything that I've

89

00:05:20,679 --> 00:05:16,379

done previously in my life had

90

00:05:23,689 --> 00:05:20,689

absolutely no meaning whatsoever

91

00:05:28,580 --> 00:05:23,699

completely irrelevant so I was like a

92

00:05:31,279 --> 00:05:28,590

child having to learn how to be in in a

93

00:05:34,459 --> 00:05:31,289

body and how to be on the earth and I

94

00:05:37,809 --> 00:05:34,469

just wanted to be back there in the love

95

00:05:41,629 --> 00:05:37,819

but I wasn't I was here in the pain and

96

00:05:46,480 --> 00:05:41,639

so I just studied everything I could

97

00:05:49,670 --> 00:05:46,490

find yoga meditation healing astrology

98

00:05:52,760 --> 00:05:49,680

trying to find a way to get back there

99

00:05:56,450 --> 00:05:52,770

because I really wanted to be there not

100

00:05:59,659 --> 00:05:56,460

here so it took me about 10 years to

101
00:06:02,179 --> 00:05:59,669
really integrate and and even to

102
00:06:04,730 --> 00:06:02,189
understand what had happened to me

103
00:06:07,540 --> 00:06:04,740
because in those days this was in 1980

104
00:06:10,429 --> 00:06:07,550
it wasn't much talk of near-death

105
00:06:14,379 --> 00:06:10,439
experiences so I had no idea what had

106
00:06:18,170 --> 00:06:14,389
happened to me so over the years I

107
00:06:21,429 --> 00:06:18,180
started to remember more and more of who

108
00:06:24,619 --> 00:06:21,439
I was I found I could do healing just

109
00:06:27,740 --> 00:06:24,629
spontaneously laying on hands I started

110
00:06:31,579 --> 00:06:27,750
to open up psychically to get messages

111
00:06:35,469 --> 00:06:31,589
for people and then I said I want a way

112
00:06:39,889 --> 00:06:35,479
to take people to have that experience

113
00:06:44,329 --> 00:06:39,899

before they died so that they can really

114

00:06:46,120 --> 00:06:44,339

understand I am NOT my body I am this

115

00:06:48,640 --> 00:06:46,130

incredible light be

116

00:06:51,670 --> 00:06:48,650

so I just developed this form of

117

00:06:56,050 --> 00:06:51,680

hypnotherapy I got into hypnotherapy and

118

00:07:00,310 --> 00:06:56,060

then I decided or I found that I could

119

00:07:04,030 --> 00:07:00,320

use hypnosis to take people into the

120

00:07:07,930 --> 00:07:04,040

golden light to experience themselves as

121

00:07:10,330 --> 00:07:07,940

soul without them having to die so

122

00:07:13,390 --> 00:07:10,340

that's what I do now I develop this

123

00:07:18,100 --> 00:07:13,400

whole system of hypnosis where I take

124

00:07:22,150 --> 00:07:18,110

people to have not just a conversation

125

00:07:24,490 --> 00:07:22,160

but to experience themselves as soul as

126

00:07:27,550 --> 00:07:24,500

higher self as I am presence

127

00:07:32,020 --> 00:07:27,560

whichever one wants to show up and then

128

00:07:35,620 --> 00:07:32,030

we ask that being what they want to say

129

00:07:39,420 --> 00:07:35,630

to the person about their lives and then

130

00:07:42,010 --> 00:07:39,430

to go into a memory of a past life or a

131

00:07:45,280 --> 00:07:42,020

different star system and different

132

00:07:48,250 --> 00:07:45,290

plane that you came from that will help

133

00:07:51,430 --> 00:07:48,260

you to understand who you are as a being

134

00:07:54,580 --> 00:07:51,440

and then anything that that person wants

135

00:07:56,350 --> 00:07:54,590

to know about in their life they've got

136

00:07:59,710 --> 00:07:56,360

this illness they're in this bad

137

00:08:02,590 --> 00:07:59,720

marriage they don't know what they're

138

00:08:04,780 --> 00:08:02,600

supposed to be doing here then we ask

139

00:08:08,440 --> 00:08:04,790

the soul or the higher self because they

140

00:08:11,650 --> 00:08:08,450

know everything so in a way it's taking

141

00:08:13,960 --> 00:08:11,660

people to get their own information

142

00:08:16,420 --> 00:08:13,970

instead of going to a psychic and they

143

00:08:19,900 --> 00:08:16,430

say it's this this or it's that you're

144

00:08:22,570 --> 00:08:19,910

actually telling yourself so to me it's

145

00:08:25,360 --> 00:08:22,580

more empowering for that person it's

146

00:08:28,300 --> 00:08:25,370

more authentic if they're getting their

147

00:08:32,650 --> 00:08:28,310

own information so it really it really

148

00:08:36,310 --> 00:08:32,660

transforms people's lives so so now I

149

00:08:40,240 --> 00:08:36,320

called myself an interdimensional travel

150

00:08:43,570 --> 00:08:40,250

agent because I I've been here forever

151
00:08:47,410 --> 00:08:43,580
I was on the planet in Lemuria which was

152
00:08:50,860 --> 00:08:47,420
the first civilization when we did live

153
00:08:53,200 --> 00:08:50,870
in the light before the fall so my first

154
00:08:56,320 --> 00:08:53,210
book that I wrote is called coming home

155
00:08:57,780 --> 00:08:56,330
to Lemuria and that was written after

156
00:09:00,480 --> 00:08:57,790
many hit no fair

157
00:09:03,600 --> 00:09:00,490
sessions with people that I met in

158
00:09:07,170 --> 00:09:03,610
Hawaii where all my l'amore and family

159
00:09:09,690 --> 00:09:07,180
is living so all the sessions that I did

160
00:09:11,960 --> 00:09:09,700
were going back to the Moriya so I wrote

161
00:09:17,250 --> 00:09:11,970
that book and I had those memories and

162
00:09:20,520 --> 00:09:17,260
so from since then that was five ten

163
00:09:22,950 --> 00:09:20,530

years ago I've remembered a lot of my

164

00:09:25,890 --> 00:09:22,960

star connections or all the different

165

00:09:29,700 --> 00:09:25,900

stars that we came from it wasn't just

166

00:09:31,800 --> 00:09:29,710

some from here and some from there many

167

00:09:35,760 --> 00:09:31,810

of us have been on all of the star

168

00:09:39,480 --> 00:09:35,770

systems we had to go and learn specific

169

00:09:43,320 --> 00:09:39,490

things on the Pleiades Sirius our Taurus

170

00:09:47,520 --> 00:09:43,330

Andromeda Venus to prepare us for this

171

00:09:50,490 --> 00:09:47,530

mission here on earth which was to come

172

00:09:55,530 --> 00:09:50,500

from oneness and light to go through

173

00:09:59,430 --> 00:09:55,540

darkness and separation and then to

174

00:10:02,730 --> 00:09:59,440

bring it all back unfortunately we're at

175

00:10:05,670 --> 00:10:02,740

the completion end if we had to go

176

00:10:10,520 --> 00:10:05,680

through it all again I don't think many

177

00:10:14,160 --> 00:10:10,530

of us would volunteer when I actually

178

00:10:17,820 --> 00:10:14,170

experienced the fall for myself I asked

179

00:10:21,900 --> 00:10:17,830

to be taken to experience what it was

180

00:10:25,140 --> 00:10:21,910

like and before the fall we were fully

181

00:10:29,100 --> 00:10:25,150

connected to our own divine essence and

182

00:10:31,680 --> 00:10:29,110

to the source so we could just pop in

183

00:10:34,770 --> 00:10:31,690

and out when we just go home whenever we

184

00:10:38,570 --> 00:10:34,780

wanted to and we agreed that we would

185

00:10:42,780 --> 00:10:38,580

stay here now only the very strong Souls

186

00:10:45,990 --> 00:10:42,790

agreed to do that because somehow we

187

00:10:48,710 --> 00:10:46,000

knew it was going to take a great deal

188

00:10:52,890 --> 00:10:48,720

of courage and strength to go through

189

00:10:55,170 --> 00:10:52,900

separation so that some Souls didn't

190

00:10:58,440 --> 00:10:55,180

feel they wanted to take that on so they

191

00:11:04,950 --> 00:10:58,450

just left the planet but the ones who

192

00:11:07,830 --> 00:11:04,960

chose to stay we realized that the the

193

00:11:08,770 --> 00:11:07,840

door was closed and we couldn't get home

194

00:11:12,310 --> 00:11:08,780

anymore

195

00:11:16,120 --> 00:11:12,320

and we really had no idea how it was

196

00:11:19,540 --> 00:11:16,130

going to be so for myself when I went

197

00:11:23,650 --> 00:11:19,550

through that separation I went into

198

00:11:27,070 --> 00:11:23,660

despair and grief and kind of on some

199

00:11:30,280 --> 00:11:27,080

level gave up and then had many

200

00:11:32,710 --> 00:11:30,290

lifetimes of letting people and slave me

201
00:11:35,610 --> 00:11:32,720
because I didn't care anymore

202
00:11:39,730 --> 00:11:35,620
now some people that I've worked with in

203
00:11:42,580 --> 00:11:39,740
hypnotherapy who taking them through the

204
00:11:45,280 --> 00:11:42,590
four went into anger and rage like how

205
00:11:48,220 --> 00:11:45,290
dare they so those people are still

206
00:11:50,550 --> 00:11:48,230
living out anger and rage than other

207
00:11:54,700 --> 00:11:50,560
people are living out grief and despair

208
00:11:57,520 --> 00:11:54,710
so somehow we have to get over that get

209
00:12:01,030 --> 00:11:57,530
through that because we are going back

210
00:12:03,700 --> 00:12:01,040
to the light so about five years ago I

211
00:12:06,280 --> 00:12:03,710
was getting emails from all over the

212
00:12:08,500 --> 00:12:06,290
world people like it's so hard I want to

213
00:12:12,480 --> 00:12:08,510

go home I don't want to be here is it

214

00:12:16,510 --> 00:12:12,490

ever going to change so I asked for

215

00:12:20,500 --> 00:12:16,520

sessions that would show me where we're

216

00:12:23,470 --> 00:12:20,510

going to like why are we doing this is

217

00:12:26,950 --> 00:12:23,480

there a purpose and is there an end in

218

00:12:29,280 --> 00:12:26,960

sight and what happened was all these

219

00:12:32,590 --> 00:12:29,290

people came and I took them through the

220

00:12:36,100 --> 00:12:32,600

ascension through the dimensional shift

221

00:12:40,090 --> 00:12:36,110

out the other side when the earth is

222

00:12:43,540 --> 00:12:40,100

restored and we are all reconnected and

223

00:12:48,640 --> 00:12:43,550

we are living once more as we did in

224

00:12:52,660 --> 00:12:48,650

Lemuria in oneness light and connection

225

00:12:55,860 --> 00:12:52,670

with our own divine essence and it's on

226

00:12:59,200 --> 00:12:55,870

the earth and it's in this lifetime so

227

00:13:02,430 --> 00:12:59,210

everybody that I took forward and it was

228

00:13:05,350 --> 00:13:02,440

18 people all had the same experience

229

00:13:08,620 --> 00:13:05,360

their bodies were full of light they

230

00:13:12,610 --> 00:13:08,630

were rejuvenated there was no more aging

231

00:13:17,430 --> 00:13:12,620

there was no more pain and there wasn't

232

00:13:20,110 --> 00:13:17,440

even dying we didn't die from

233

00:13:24,820 --> 00:13:20,120

degeneration and disease the way

234

00:13:27,670 --> 00:13:24,830

do now we just when we decided that our

235

00:13:31,750 --> 00:13:27,680

mission was complete and we'd fulfilled

236

00:13:35,079 --> 00:13:31,760

what we came to do we just lay down left

237

00:13:38,530 --> 00:13:35,089

to our bodies and went home and the

238

00:13:42,010 --> 00:13:38,540

reason I chose to leave work because

239

00:13:46,090 --> 00:13:42,020

I've seen my leaving I'm with my twin

240

00:13:48,610 --> 00:13:46,100

flame we just lay down all the people in

241

00:13:51,010 --> 00:13:48,620

the community come to celebrate the

242

00:13:53,560 --> 00:13:51,020

lives that we've had and they're singing

243

00:13:56,620 --> 00:13:53,570

and they're playing music and then we

244

00:13:59,560 --> 00:13:56,630

just leave and the reason we can leave

245

00:14:04,360 --> 00:13:59,570

is that the planet is safe for the

246

00:14:08,400 --> 00:14:04,370

children and that was what why we had to

247

00:14:12,250 --> 00:14:08,410

wait because there was a transition time

248

00:14:16,300 --> 00:14:12,260

where the light started to return to the

249

00:14:19,030 --> 00:14:16,310

earth and then the earth was lifted into

250

00:14:22,840 --> 00:14:19,040

the light and the people who chose to

251
00:14:25,449 --> 00:14:22,850
make that transition were all lifted up

252
00:14:29,290 --> 00:14:25,459
and then there was some residue of

253
00:14:32,290 --> 00:14:29,300
people who were still deciding do I want

254
00:14:35,650 --> 00:14:32,300
to go into the light or do I want to

255
00:14:39,490 --> 00:14:35,660
leave the planet there isn't really any

256
00:14:44,500 --> 00:14:39,500
other choice now because the way we've

257
00:14:47,860 --> 00:14:44,510
been doing power over is not possible on

258
00:14:51,040 --> 00:14:47,870
this planet for very much longer so

259
00:14:56,740 --> 00:14:51,050
everybody has a choice to make either

260
00:14:59,829 --> 00:14:56,750
you return to the light or and you stay

261
00:15:01,930 --> 00:14:59,839
in the body or you leave the planet and

262
00:15:05,079 --> 00:15:01,940
you return to the light in that way so

263
00:15:07,900 --> 00:15:05,089

either way everybody goes home to the

264

00:15:10,660 --> 00:15:07,910

light so I took all this information

265

00:15:12,579 --> 00:15:10,670

that I had received and I wrote my the

266

00:15:15,460 --> 00:15:12,589

book that has just been published by

267

00:15:18,910 --> 00:15:15,470

Ozark Mountain Press and it's called a

268

00:15:22,740 --> 00:15:18,920

new earth rising and it's really a book

269

00:15:26,440 --> 00:15:22,750

of hope because it's very clear from the

270

00:15:30,220 --> 00:15:26,450

experiences of all these people that we

271

00:15:32,970 --> 00:15:30,230

are going home the earth is returning to

272

00:15:36,720 --> 00:15:32,980

the garden to paradise

273

00:15:40,440 --> 00:15:36,730

as it was in the beginning and as was

274

00:15:43,680 --> 00:15:40,450

promised and has been prophesied it's

275

00:15:46,290 --> 00:15:43,690

it's like we read in Revelations I saw a

276

00:15:50,010 --> 00:15:46,300

new heaven and a new earth so now I

277

00:15:54,930 --> 00:15:50,020

absolutely know that that's where we're

278

00:15:57,860 --> 00:15:54,940

going and that is what is offered for

279

00:16:01,470 --> 00:15:57,870

every single person on this planet

280

00:16:05,070 --> 00:16:01,480

nobody will be left behind nobody is

281

00:16:09,150 --> 00:16:05,080

left out this is for all of the human

282

00:16:14,190 --> 00:16:09,160

race to be lifted back up into oneness

283

00:16:17,310 --> 00:16:14,200

unity and light and so that is now my

284

00:16:20,490 --> 00:16:17,320

work is to help people to make that

285

00:16:23,640 --> 00:16:20,500

connection with with their higher self

286

00:16:27,320 --> 00:16:23,650

so I do it through hypnosis through a

287

00:16:31,560 --> 00:16:27,330

crystal ball sound healing i channel

288

00:16:34,200 --> 00:16:31,570

messages and meditations so have a lot

289

00:16:36,780 --> 00:16:34,210

of them on my youtube channel there's

290

00:16:40,440 --> 00:16:36,790

probably 40 activations with crystal

291

00:16:44,100 --> 00:16:40,450

balls and I'm just here to serve the

292

00:16:47,670 --> 00:16:44,110

plan when I came back from being with

293

00:16:50,640 --> 00:16:47,680

Jesus in heaven there really was no me

294

00:16:53,850 --> 00:16:50,650

anymore there was nothing else to do

295

00:16:57,300 --> 00:16:53,860

with my life except give it to God and

296

00:16:59,970 --> 00:16:57,310

say wherever you need me to be that's

297

00:17:02,730 --> 00:16:59,980

where I will go so I've been traveling

298

00:17:07,020 --> 00:17:02,740

all over the place for the last 30 years

299

00:17:11,400 --> 00:17:07,030

just doing that and I'm seeing the shift

300

00:17:14,449 --> 00:17:11,410

now I'm seeing that people are wanting

301

00:17:17,790 --> 00:17:14,459

to cooperate in the work place

302

00:17:22,400 --> 00:17:17,800

internationally they're really done with

303

00:17:26,699 --> 00:17:22,410

conflict and aggression and hostility

304

00:17:29,040 --> 00:17:26,709

people just want peace now they know

305

00:17:32,010 --> 00:17:29,050

that it's coming they can feel it and

306

00:17:35,160 --> 00:17:32,020

they just want it to happen so I'm just

307

00:17:37,130 --> 00:17:35,170

here to support that in whatever way

308

00:17:46,270 --> 00:17:37,140

that I can

309

00:17:51,020 --> 00:17:46,280

to me God is God within and then this

310

00:17:55,370 --> 00:17:51,030

kind of force it's a field that is just

311

00:18:00,710 --> 00:17:55,380

love and we were created from that a

312

00:18:04,880 --> 00:18:00,720

field and it's the divine and we are the

313

00:18:08,420 --> 00:18:04,890

divine so there is no separation so what

314

00:18:12,170 --> 00:18:08,430

I learned from going into that field

315

00:18:16,070 --> 00:18:12,180

into the golden light was that love is

316

00:18:21,980 --> 00:18:16,080

the only thing that has any meaning

317

00:18:23,930 --> 00:18:21,990

whatsoever so anything in my life that

318

00:18:26,450 --> 00:18:23,940

doesn't feel like love when I get

319

00:18:29,990 --> 00:18:26,460

triggered which I do I get angry or I

320

00:18:35,830 --> 00:18:30,000

get upset I just process it as quickly

321

00:18:39,050 --> 00:18:35,840

as I can so that I can return to laughs

322

00:18:41,990 --> 00:18:39,060

anybody that's done anything to me and

323

00:18:44,540 --> 00:18:42,000

there's been a lot over married lots of

324

00:18:48,520 --> 00:18:44,550

times I had lots of relationships had

325

00:18:51,710 --> 00:18:48,530

problems with people really attacking me

326

00:18:54,500 --> 00:18:51,720

because of who I am either they're

327

00:18:57,170 --> 00:18:54,510

jealous or I'm triggering things that

328

00:19:00,440 --> 00:18:57,180

they don't want to look at what I've

329

00:19:03,050 --> 00:19:00,450

learned is just forgiveness the power of

330

00:19:05,720 --> 00:19:03,060

forgiveness so it when I lived in Hawaii

331

00:19:09,710 --> 00:19:05,730

I learned this practice called

332

00:19:12,410 --> 00:19:09,720

ho'oponopono which is just even if you

333

00:19:15,800 --> 00:19:12,420

don't feel you did anything to anyone if

334

00:19:18,650 --> 00:19:15,810

you're having conflicts or tension you

335

00:19:22,280 --> 00:19:18,660

just go and you say I'm sorry I love you

336

00:19:25,880 --> 00:19:22,290

forgive me and I forgive you don't hold

337

00:19:28,520 --> 00:19:25,890

on to that old stuff you know one of the

338

00:19:31,670 --> 00:19:28,530

things I do now I do massage but I also

339

00:19:34,520 --> 00:19:31,680

am a nurse's aide and I work for hospice

340

00:19:38,330 --> 00:19:34,530

so I'm working with people who are dying

341

00:19:42,320 --> 00:19:38,340

and I'm sitting with them and one of the

342

00:19:45,770 --> 00:19:42,330

things that they feel so bad about and

343

00:19:49,769 --> 00:19:45,780

that is so sad that a lot of them have

344

00:19:52,259 --> 00:19:49,779

had family feud's going on they

345

00:19:55,950 --> 00:19:52,269

haven't spoken to their children for 20

346

00:19:59,369 --> 00:19:55,960

years and here they are dying and they

347

00:20:03,539 --> 00:19:59,379

don't want to leave it like that so what

348

00:20:04,310 --> 00:20:03,549

I would say to everybody is clean it up

349

00:20:09,060 --> 00:20:04,320

now

350

00:20:13,080 --> 00:20:09,070

whatever it was make amends make peace

351

00:20:16,200 --> 00:20:13,090

and put it right because there's no

352

00:20:19,589 --> 00:20:16,210

reason not to when you get to the other

353

00:20:22,320 --> 00:20:19,599

side you will be given the chance to put

354

00:20:24,690 --> 00:20:22,330

it right and you'll have to put it right

355

00:20:28,320 --> 00:20:24,700

if you've done anything to harm anybody

356

00:20:31,769 --> 00:20:28,330

else and you go over the other side and

357

00:20:34,619 --> 00:20:31,779

you do your life review you will look

358

00:20:37,469 --> 00:20:34,629

back on the things that you did and you

359

00:20:41,729 --> 00:20:37,479

all want to put them right so I would

360

00:20:44,849 --> 00:20:41,739

really say to you do it now while you're

361

00:20:47,459 --> 00:20:44,859

still here and that person is still here

362

00:20:50,369 --> 00:20:47,469

so that by the time you come to make

363

00:20:54,450 --> 00:20:50,379

that transition there will be no regrets

364

00:20:56,969 --> 00:20:54,460

and there'll be nothing to clean up one

365

00:21:00,509 --> 00:20:56,979

of the things I do in my hypnosis is

366

00:21:04,919 --> 00:21:00,519

called life between life therapy where

367

00:21:07,499 --> 00:21:04,929

we go to through the death to look at

368

00:21:11,729 --> 00:21:07,509

the life review and to meet with your

369

00:21:14,459 --> 00:21:11,739

counsel and it's not anybody judging you

370

00:21:18,139 --> 00:21:14,469

nobody is judging you they're just

371

00:21:21,509 --> 00:21:18,149

helping you to look back over your life

372

00:21:23,789 --> 00:21:21,519

see what you felt good about and see

373

00:21:29,159 --> 00:21:23,799

what you really wish you could go and do

374

00:21:33,539 --> 00:21:29,169

a have another go so whatever it is put

375

00:21:37,079 --> 00:21:33,549

it right now and know that love is the

376

00:21:39,749 --> 00:21:37,089

only reason that we're here so spread it

377

00:21:42,629 --> 00:21:39,759

that the people that the check out the

378

00:21:45,719 --> 00:21:42,639

people at the gas station just smile at

379

00:21:48,850 --> 00:21:45,729

everybody and let them know you are

380

00:21:51,299 --> 00:21:48,860

precious and I love you

381

00:21:56,860 --> 00:21:51,309

and you'll be amazed at how many people

382

00:22:00,009 --> 00:21:56,870

smile back and are so grateful to have

383

00:22:03,269 --> 00:22:00,019

somebody just show them that they're a